

Counterpoise

& Dancing Against the Odds

29 Oct '24 – 5.45pm Cinema 4, Palace Nova East End







A double bill by the acclaimed South Australia's Restless Dance Theatre, together with 29Dong Dance Theatre, Korean Music Project and University of South Australia Connect2Abilities. Presented in partnership with OzAsia Festival and Adelaide Film Festival.

Counterpoise

Directed by Matt Byrne & Larissa McGowan Double Bill 20min short

A stirring dance film created at the height of the pandemic, forcing everyone to find ways to form connections when physical closeness was inherently dangerous.

Counterpoise highlights the noise of life outside, and the quiet place within, showcasing how we balance the forces of quiet loneliness and the human frenzy that press on us daily. Counterpoise asks the question, what is our universal culture? Are we heading to a tipping point of a vastly similar human experience, irrespective of the lines that divide us?



















Dancing Against the Odds

Directed by Matt Byrne World Premiere 60min feature

In a stunning accompanying documentary, produced by Dr. Boram Lee and Professor Ruth Rentschler from University of South Australia Connect2Abilities and directed by Matt Byrne, we follow the making of Counterpoise. The highs and lows and the determination of all the artists to continue to collaborate to make great art, cross culturally during a pandemic.

The documentary showcases the dedication and tenacity of everyone involved. Through online technologies and face-to-face rehearsals, the creative team blurred the boundaries of separate identities, global challenges, and cultural barriers to create a new dance work for the screen.



Thank you to our Project Partners and Collaborators













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